OSHER
LIFELONG
LEARNING
INSTITUTE

AT THE
UNIVERSITY
OF MIAMI

SUMMER 1 & 2 SESSIONS 2019 CATALOG
SUMMER 1: APRIL 22 – JUNE 03, 2019 | SUMMER 2: JUNE 17 – JULY 12, 2019
(NO CLASSES on Thursday, 7/04/19- The make-up date for all Thursday classes will be 7/18/19)

Register online at WWW.CONTINUE.MIAMI.EDU/OSHER
For over 30 years, the Osher Lifelong Learning Institute at the University of Miami (OLLI@UM) has been providing courses and social activities for its members. OLLI@UM was founded in 1984. Previously known as the Institute for Retired Professionals, the name was changed upon the awarding of a grant from the Osher Foundation. Our mission, as part of the University of Miami, is to provide adults 50 years old and older with intellectual stimulation, social interaction, service opportunities, and outreach to the university and to the greater community. Situated within the University’s Division of Continuing and International Education, OLLI welcomes all members of the community who are 50 years old or older and who consider learning an integral part of life. Membership is open to all those who wish to continue their pursuit of learning, new ideas, and social and cultural opportunities. The Institute’s programs are designed to accommodate a relaxed learning style and make it easy for anyone who may have been away from the formal learning environment for many years. Classes included in this catalog are offered with no tests and in most cases, no homework. They are designed to spark your curiosity, to encourage your participation, and to fit a flexible schedule. Our member students include men and women whose backgrounds are varied, and may include legal and medical professionals, teachers, homemakers and volunteers as well as social workers and business owners. In other words, our members are people who are interested in keeping their minds active and engaged.

LOCATION

Coral Gables Main Campus: Lau Founders Hall, 1550 Brescia Avenue, Coral Gables, FL 33146 (between Red Road and San Amaro Drive). Our offices are located on the University of Miami main campus in Coral Gables. Most of our classes take place in Lau Founders Hall or in the Casa Bacardi building at 1531 Brescia Avenue, Coral Gables, FL 33146.

BENEFITS OF MEMBERSHIP

OLLI@UM 2018/2019 annual membership fee is $40 and is payable once every academic year (all memberships expire July 31). The Membership Fee is NOT refundable. Membership in OLLI@UM has many benefits:

• Eligibility to register and enroll in our OLLI@UM courses (tuition fees required)
• Ability to audit University classes (additional fee required – see Auditing Procedures)
• Access to the University Library System with borrowing privileges at the Richter Library (on the Coral Gables campus)
• General admission to the Lowe Art Museum

PARTICIPATION AND COMMITMENT

OLLI is a cooperative, member-driven organization dedicated to those aged 50 and older seeking intellectual enrichment. Members are encouraged to make a volunteer commitment to the program and its ongoing development. This volunteer commitment can take several forms:

• Teaching or co-teaching a course
• Serving as a leader or facilitator of a club or non-time group
• Volunteering at the OLLI reception desk, with daily operations, or with special events
• Serving as a Class Assistant or Greeter
• Assisting with producing the OLLI flyers and compiling the OLLI Course Catalog
• Providing assistance on one or more committees:
  • Curriculum
  • Membership and Recruitment
  • Social Events
  • Director’s Advisory Council

AUDITING UNDERGRADUATE COURSES - PROCEDURES

Auditing by OLLI members is a privilege granted by the University of Miami. An auditor is a person who enrolls as an observer or listener only. The professor will indicate if s/he wants to include you in the classroom interaction. Please Note: Auditing is ONLY allowed when there is space available in “lecture type” undergraduate classes. “Lecture type” classes are those in which students can observe the delivered lecture of material by the professor. Auditing is NOT permitted in language, laboratory, creative writing, or performance courses (where audit status is not appropriate). Auditing is also NOT permitted in Law or Medical School classes. Auditing is permitted during Fall and Spring semesters, but is NOT permitted during Summer semesters.

Many UM university professors welcome OLLI students in their classrooms. If you are just starting out with OLLI, you may want to audit only one course. However, you may be ready to audit multiple courses in one semester. Whether it is one course or more, auditing is a great benefit of your OLLI membership.

How can you audit a course if you are an OLLI member? All requests to audit must come through the OLLI office through the online request form and be approved by the Director of OLLI. Complete the Audit Request Form available on our website: www.continue.miami.edu/oshi. No audit request form should be submitted until ONE MONTH prior to the start of the class being audited. No audit request form submitted later than 3 days prior to the beginning of the class will be accepted.

You will be notified when you have received permission from the instructor and OLLI to audit the classes you requested. Remember, auditing for OLLI members is a privilege granted by the University of Miami. No OLLI member can show up for a class without having received written permission from the instructor and clearance from the OLLI Director. There is a flat fee for auditing each semester you decide to audit a course; the OLLI audit fee covers a limited, specified number of courses each semester. Check with the OLLI office for details.
OLLI CLASS REGISTRATION INFORMATION

ONLINE REGISTRATION FOR OLLI CLASSES

On-Line Registration for the Summer 2019 sessions begins on Wednesday, April 10, 2019 at 9:00 a.m.

Registration information and all class information (times, days, overviews, course descriptions) is available at: www.continue.miami.edu/osher. Information online may be more up-to-date than print information in this catalog. Always check online for current information and updates.

The best way to ensure you get the courses you want is to register yourself online. Registration instructions are online at www.continue.miami.edu/osher. For assistance, you can call: 305-284-6554 and an OLLI staff member or volunteer will help with your registration.

IN-PERSON REGISTRATION

In-Person Registration begins on Monday, April 15, 2019 through Wednesday, April 17, 2019 from 10:00 a.m. to 3:00 p.m. On Thursday, April 18, 2019 and Friday, April 19, 2019, OLLI will NOT be open for in-person registration.

Keep in mind that the best way to secure your seat in a class is to register yourself online. Classes will fill up, so registering yourself online is the best way to secure your seat. However, you can also contact our office to register!

CANCELLATION AND REFUND POLICY

The University reserves the right to cancel or reschedule any program with insufficient enrollment or for reasons beyond our control. In any such cases, a full refund of fees and deposits will be made. Before a refund can be issued, verification of your payment, confirmation of the pertaining records and administrative review and approval must be completed. While we will expedite your refund request, please allow a minimum of 45 days for processing.

The OLLI membership fee is non-refundable.

• If a class is cancelled, we will notify you using your email contact information.
• If a course is cancelled due to insufficient enrollment, the entire course fee will be refunded.
• 100% Refund of the class tuition paid – If cancellation request is received more than 8 days prior to the start date of the class.
• 75% Refund of the class tuition paid – If cancellation request is received between 4 and 7 days prior to the start date of the class.
• NO REFUND of the class tuition paid – If cancellation request is received less than 72 hours prior to start date of the class.
• All cancellations or withdrawal requests must be submitted IN WRITING, either via the website, email or letter.
• Fees paid cannot be transferred or pro-rated.

Dropping or adding a course

In any case, you must submit your request IN WRITING. The best way to ensure you get the courses you want is to register yourself online. Classes will fill up, so registering yourself online is the best way to secure your seat. However, you can also contact our office to register!

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OLLI 50% TUITION SCHOLARSHIPS

A limited number of partial tuition scholarships for classes are available to OLLI@UM members. These scholarships are only applicable to courses or lectures offered by the Osher Lifelong Learning Institute at the University of Miami and cover 50% of the tuition of OLLI courses. Only two classes, per session, per person, for a maximum of six classes for the year, are eligible for scholarship. Scholarships are NOT available for OLLI memberships, for OLLI field trips/social activities, for auditing UM classes or for Summer session classes. All members with current, active OLLI memberships are welcome to apply for financial assistance with OLLI course tuition fees. Awards are based on financial need. Please contact the OLLI office for more information at (305) 284-6554. Applications for partial scholarships are reviewed on an ongoing basis. The information on your application is kept confidential and awards will not be publicly announced. Please print, complete, and return the Scholarship Request Form (available on the website) to apply for a scholarship. The application must be completed each term and cannot be automatically applied to future sessions.

To donate to our OLLI Scholarship Fund, see the information on page 8, regarding Giving to OLLI@UM.

ACTIVITIES AT OLLI@UM

The Osher Lifelong Learning Institute at the University of Miami offers a variety of social activities to the community of lifelong learners! Beyond our intellectually stimulating programming, we are pleased to include events and meet-ups that encourage social connectedness for our members

CLUBS

• OLLI Clubs are groups organized and operated by OLLI member facilitators.
• They meet at 12:00 noon for 55 minutes. They are created to bring together students who share a particular interest. Our existing clubs are listed in this catalog. Registration is required for all clubs, and some fill up quickly. Tuition for noontime groups and clubs is included with your OLLI membership. If you have an idea for a club that you would like to organize, please talk to the OLLI Director. Participation in a club is another of the benefits of membership!
• A coordinator and/or co-coordinator (OLLI student) is responsible for the group’s organization, operations and activities.
• OLLI staff members assist with scheduling rooms and general guidance.
CLUBS AT OLLI:

- **Current Events Club**
  Would you like to discuss current events within a small group? Do you share the same passions as other OLLI members on certain national and/or global topics? Participants in this club should prepare for meetings by brushing up on current topics in the news. OLLI member, Mr. Haim Karp, leads this group.

- **Fun With Yiddish**
  Brush up on your Yiddish and start speaking it now. OLLI member, Lorraine Feuer, leads this group.

- **In The News**
  Discussion group focused on what is “in the news” each week. OLLI members Mr. Haim Karp, Mr. Leslie Gross and Ms. Janet Krutchik lead this group.

- **OLLI Book Club**
  A member-driven discussion group facilitated by an OLLI member. It is a committed group whose sole purpose is to have a lively and engaging discussion about the novel(s) chosen to read. OLLI member, Susan King, leads this group.

- **OLLI Chorus Club**
  Join other OLLI members that have a desire to sing. The members meet to rehearse once a week. Instruction will include proper breathing and phonation for singing, as well as music reading skills. No previous experience is needed. OLLI member, Dr. Eugene Greco, leads this group.

- **OLLI Luncheon Club (On the road – Separate Checks)**
  Join your classmates and teachers for food and conversation at local restaurants. Luncheons are planned during the break between sessions. Everyone is invited! OLLI member, Dr. Irene Colsky, organizes the luncheons.

INCLEMENT WEATHER & UNIVERSITY CLOSURES

OLLI operates only when the University of Miami is open. If the University is closed due to a holiday, inclement weather or any emergency situation, OLLI@UM will close as well. Please check your local TV and radio stations for information or call the University of Miami’s Hurricane Hotline: 305-284-4114.

TRANSPORTATION OPTIONS TO OLLI AT UM ON CAMPUS

The University of Miami Parking and Transportation Department is responsible for parking and transportation policies for the UM. UM would like to facilitate your visit to our beautiful campus. Please familiarize yourself with parking and mobility options.

**METRORAIL/METROBUS**
Our campus has a Metrorail stop which makes it convenient for the members to get to the campus. From the University Metrorail stop, you are able to get a university shuttle or MetroBus to get you close to Lau Founders Hall offices. From the Metrorail stop, take bus 56 south to get off at San Amaro Drive which is a 3-minute walk to our offices.

**RIDESHARE/CARPOLLING**
Please be reminded that you can avoid bringing a vehicle on campus by taking advantage of one or more of the many alternative transportation options by visiting www.get2um.com. We strongly encourage OLLI members to rideshare, carpool, ride with a friend, use a rideshare service (like Lyft or Uber) or take public transportation to our campus location! The OLLI staff is happy to give you information about using your Smart Phone to use Uber or Lyft. Also, our OLLI Cafe/kitchen area is a great place to find a carpool buddy.

OLLI Luncheon Club (On the road – Separate Checks)
Join your classmates and teachers for food and conversation at local restaurants. Luncheons are planned during the break between sessions. Everyone is invited! OLLI member, Dr. Irene Colsky, organizes the luncheons.

CAMPUS PARKING OPTIONS

Parking on the University of Miami campus in UM lots is extremely limited. All vehicle owners parking on the University of Miami campus must be assigned a UM parking permit for the GRAY ZONE; purchase parking using the Pay By Phone App on his/her iPhone or Android device; or purchase parking at the pay station(s) located on the UM lots. OLLI members may purchase a discounted GRAY zone parking permit from UM Parking and Transportation Services, located at 5807 Ponce de Leon Blvd., McKnight Building, Suite 100, Coral Gables. There is a cost for the full year, and prices are prorated weekly. Permits expire on August 15 each year. The OLLI parking permit allows you to park in the Gray Zone lots around Lau Founders Hall and any other nearby lots where signs specify the Gray Zone. The parking permit does NOT guarantee you will find a parking space. You will be required to show your OLLI membership card and valid vehicle registration when purchasing a permit. Call the UM Parking Department at 305-284-3096 or go to their website at www.miami.edu/parking for more details and hours of operation. There is also metered street parking within walking distance of Lau Founders Hall.

Please note:
The Gray permit zone is also in the vicinity of the Newman Alumni Center, which hosts events on a regular basis throughout the year. This will often result in certain lots being closed to regular permit holders. When this happens, we will notify you ahead of time and provide alternative parking arrangements. Please keep this in mind when considering purchasing a Gray Zone permit.

SHORT-TERM PARKING OPTIONS:
Street Parking is available depending on the time of day. Pay-by-the-hour parking spaces are available along San Amaro Drive within walking distance of Lau Founders Hall. These parking meters are under the jurisdiction of the City of Coral Gables. Spaces fill up early.

CLASSROOM POLICIES AND PROCEDURES

PHONES

All phones are required TO BE TURNED OFF OR SET TO VIBRATE when classes are in session. If you must answer a call during class, PLEASE EXIT THE CLASSROOM.

GUEST POLICY

Bringing guests to class is a great way to introduce OLLI to a potential student and you are encouraged to do so. However, you must clear the visit with the OLLI office at least 48 hours BEFORE arriving and your guest must complete a form and receive a guest pass to ensure that there is space available in the class. Guests are limited to two complimentary visits where there is space available. Guests are not permitted in sold out or full classes. Children under the age of 15 are not permitted to attend.

SMOKING

Smoking is not allowed on the UM campus, including, OLLI@UM. Smoking is not allowed inside OLLI facilities, on the patio, outside entrances/exits, or anywhere on the UM campus. The UM defines smoking as “inhaling, exhaling, burning, or carrying any lighted cigarette or electronic cigarette, cigar, pipe, or other such device which contains tobacco or smoke producing products.”
ACCOMMODATIONS POLICY

OLLI@UM provides reasonable accommodations in its programs in accordance with the Americans with Disabilities Act of 1990. To request disability accommodations, you must contact the OLLI@UM office at 305-284-6554 as soon as you register and at least two weeks before classes begin. OLLI@UM has portable assistive-listening devices that enhance ability to hear the instructors using the microphone in Room 102 at Lau Founders Hall.

GIVE TO OLLI @ UM

The Osher Lifelong Learning Institute at the University of Miami has received a generous endowment from the Bernard Osher Foundation, but we need your help to ensure the sustainability of OLLI@UM. The investment income from the endowment, class tuition, annual membership fees, and donations from our members help sustain OLLI@UM and ensure that our classes are of the highest quality and accessible to a large population of people aged 50 and over in our community. Our goal is to enhance the learning experience for members at OLLI@UM. We are committed to continuous improvement and enhancement of your experience at OLLI@UM. Through your donations, we can make these investments in our facilities. Donations have also allowed us to offer OLLI scholarships, which make our already reasonably priced classes even more accessible to those in need of assistance. Your donations to the OLLI Scholarship Fund make OLLI @ UM classes accessible to those who otherwise would not be able to afford them.

You can donate online on our website with our secure donation electronic form at www.continue.miami.edu/osher.

To donate by mail, make your check out to University of Miami and write OLLI on the memo line. Send your donation checks to:
University of Miami – Advancement Division
P.O. Box 248073
Coral Gables, FL  33124

SUMMER LANGUAGE BOOT CAMPS

The Osher Lifelong Learning Institute at the University of Miami offers intensive language learning opportunities for summer fun! Get a jump start in Spanish or significantly improve your language speaking abilities in our fun, dynamic, half-day summer language boot camps.

SPANISH LANGUAGE BOOT CAMPS: LANGUAGE LEARNING 5 DAYS A WEEK!

Join one of our language boot camps this summer. In July, we offer 5-day dynamic boot camps for Spanish. Beginners meet in the mornings, Mondays to Fridays from 9:00 to Noon. Already speak some Spanish? That's great! Intermediate to advanced speakers meet in the afternoon, Mondays to Fridays from 1:00 to 4:00 pm. Join your OLLI friends, and immerse yourself into our Spanish language boot camps this summer!

Spanish Language Boot Camps: July 22, 2019 - August 9, 2019

• Classes meet Monday, Tuesday, Wednesday, Thursday, Friday
• Beginner’s (Basic) group - July 22nd - August 9th 9:00 a.m. – 12 Noon (With Ms. Susan Dow)
• Intermediate group – July 22nd – August 2nd 1:00 p.m. - 4:00 p.m. (With Dr. Luis Carlos Fallon)
• Tuition: $245

ITALIAN LANGUAGE BOOT CAMP: LANGUAGE LEARNING 5 DAYS A WEEK!

Join one of our language boot camps this summer. In August, we also offer a 5-day dynamic boot camp for Italian. Beginners meet in the mornings, Mondays to Fridays from 9:00 to Noon. Already speak some Italian? That's great! Intermediate to advanced speakers meet in the afternoon, Mondays to Fridays from 1:00 to 4:00 pm. Join your OLLI friends, and immerse yourself into our Italian language boot camp this summer!

Italian Language Boot Camp: August 5th – August 9th 2019

• Classes meet Monday, Tuesday, Wednesday, Thursday, Friday
• Beginner’s (Basic) group - 9:00 a.m. – 12 Noon (With Mr. Manuel Rossi)
• Intermediate group - 1:00 p.m. - 4:00 p.m. (With Mr. Manuel Rossi)
• Tuition: $245
MONDAYS – CLASSES START 4/22/19

GLOBAL VIEWPOINTS
With Dr. Mitra Raheb
Mondays, 10:00 – 11:45 a.m.
$70
Course description: This class will cover selected international topics and events involving nations and issues in the Middle East, Asia and Europe.

JEWELRY MAKING
With Ms. Nina Ramos
Mondays, 10:00 – 11:45 a.m.
$100
Course description: In this course you will learn many jewelry techniques. You are probably going to be surprised by how little it takes to create something that you will be proud to wear. In this class, you will be learning the secrets of making a successful jewelry creation (technique, style and function).

SMART AGING: WHAT DO I DO?
With Ms. Corrine Markey
Mondays, 10:00 – 11:45 a.m.
$70
Course description: Almost half of all U.S. adults are single and many others are “childless couples” which means they have the same issue as they grow old—They will be on their own. Challenges include help with routine daily living tasks such as: managing household and routine financial issues, locating help after being sick or infirmed, housing choices, driving and transportation, finding advocates, identity theft, scams and fraud, getting documents in order, hoarding, and technology for seniors and more. This course will identify issues that must be addressed in a “go-it-alone” plan and how to navigate the landscape. There will be exercises to determine if this type of plan will work and what to do now to prepare and plan for that day.

INVESTMENTS
With Mr. Haim Karp
Mondays, 10:00 – 11:45 a.m.
$37
Course description: This is your chance to discuss investment topics and opportunities with fellow OLLI members who have some experience and knowledge in this area. Each week’s discussion revolves around a topic related to investments. This group is led by Mr. Haim Karp, an OLLI member.
INTRODUCTION TO BASIC COMPUTER
With Ms. Joan Nurse
Mondays, 10:00 – 11:45 a.m.
$115
Course description: Introduction to Computer Basic. Learn how to operate a computer. Whether you are getting started with your first computer or are just looking to learn more about how they work. You will learn the fundamentals of how to use a computer.

Week 1: Getting started with your personal computer… How the computer is connected to your devices. Identify the common components of the personal computer.
Week 2: Using the application software… Navigating in a word processing document. Find information in a Database.
Week 3: Connecting to a Network… Access to the Internet… Providing the basic concept on how to work with emails and document transfers.
Week 4: Proving the knowledge acquired on everyday computer searches.
Week 5: Learning security essentials and more… How to surf the web in a safe way… Without compromising your personal information.
Week 6: Reviewing all material - Q&A

CHESS FOR BEGINNERS
With Mr. Chris Stormont
Mondays, 10:00 – 11:00 a.m.
$75
Course description: In this course you will learn the fundamentals of chess: how the pieces move, names, check, checkmate, and all basic rules and more. Some opening strategy, tactics, endgames, and puzzles.
Materials you will need: Tournament Chess Set Combo- price $40, includes a roll up chess board, pieces, and deluxe bag which stores the board, pieces, clock, notation book, pencils and more. If you have never played chess before or need a guide to remember the basics, you will also need a Buddy Board- price $8. You can purchase both either from the Instructor or online.

FUN WITH YIDDISH LUNCH CLUB
With Ms. Lorraine Feuer
Mondays, 12:00 – 12:55 p.m.
Free for OLLI members
Course description: Brush up on your Yiddish, and start speaking it now. Even if you understand it, but have never spoken it, come surprise yourself with how quickly you can join the conversation. This group is led by Lorraine Feuer, an OLLI member.

OLLI BOOK CLUB
With Ms. Susan King
Mondays, 12:00 – 12:55 p.m.
Free for OLLI members
Course description: Book Club is a member-driven discussion group facilitated by an OLLI member. It is a committed group whose sole purpose is to have a lively and engaging discussion about the novel(s) chosen to read. This group is led by Susan King, an OLLI member.

TAI CHI
With Mr. Tony Garcia
Mondays and Wednesdays, 12:30 – 1:30 p.m.
$100
Course description: Tai Chi is a gentle and graceful movement class designed to improve balance, increase muscle strength and range flexibility. It also helps decrease pain in arthritic conditions and helps with coordination and focus. Mr. Garcia has been teaching Tai Chi for over 20 years at various locations throughout Miami and Broward.

FROM BERLIN TO BACHARACH, GREAT PIANISTS/COMPOSERS, [PT 1]
With Mr. Brian Murphy
Mondays, 1:00 – 2:45 p.m.
$70
Course description: This course will feature extensive background and biographical material on each great pianist/composer as well as an explanation of their musical style and the times each composer represented as well as their stellar achievements.
Week 1: Irving Berlin
Week 2: Cole Porter
Week 3: George Gershwin
Week 4: Duke Ellington
Week 5: Aaron Copeland
Week 6: Frank Loesser
LANDMARK BALLETSON OF THE EARLY 20TH CENTURY- FROM MODERNISM TO NEOCLASSISM
With Ms. Lucette Comer
Mondays, 1:00 – 2:45 p.m.

$70

Course description: In this course, we will discuss early 20th century ballets, focusing on the changing artistic climate, including such things as the rejection of the classical formal structure, the transition into modernism, the relationship of movement with contemporary arts, and the subsequent rise of neo-classicism. The contributions of major choreographers of the era will be discussed and examples of significant works by each will be shown.

Week 1 Introduction: The End of the Beginning- A new direction for ballet. The theories and works of Michael Fokine (including Spectre de la Rose, and Les Sylphides).

Week 2 The advent of Modernism. Contributions of Vaslav Nijininksy and Bronislava Nijinska

Week 3 Multimedia ballet and political relevance. Contributions of Leonide Massine and Kurt Joos

Week 4 The beginning of Neoclassicism. Contribution of George Balanchine.

Week 5 The merging of music and movement. Contributions of Frederick Ashton and Serge Lifar.


ACRYLIC PAINTING - BEGINNERS
With Mr. Jim Brennan
Mondays, 1:00 – 2:45 p.m.

$120

Course description: Painting with acrylics can be great fun. Painting is to be enjoyed, not endured. Acrylics are easy to use mainly because they are water soluble, and are not encumbered by numerous technical rules, as are watercolors. Acrylics allow the artist to jump in and push the medium to its limits. Come and experience the fun, ease and lack of boundaries this medium and class offers. You will delve into the fundamentals of what constitutes color and how it is combined and used. You will begin with “color theory,” mixing, brush techniques, the color wheel, and color charts. You will be painting in the first class.

NOTE: This class is geared towards those who are new to the medium, as well as artists of different levels who have not painted for a while.

PLEASE BRING ALL SUPPLIES TO THE FIRST AND ALL CLASSES.

If you need assistance, email Jim Brennan at: captnejim@comcast.net or call (305) 338-3557.

YOGA FOR HEALTH
With Ms. Nina Ramos
Mondays, 3:00 – 4:00 p.m.

$50

Course description: This class and its emphasis are on the postural foundation and alignment of the body. A perfect class for the novice and anyone who would like an introduction to yoga.

NOTE: The student needs to be able to do yoga on a yoga mat and be able to get up and down off of the floor.
**WEDNESDAY – CLASSES START 04/23/19**

**WESTERN ART, MASTERS AND MASTERPIECES**  
*With Mr. Armando Droulers*  
*Tuesdays, 10:00 – 11:45 a.m.*  
*$70*

**Course description:** These art history lectures concentrate on various artistic periods of Western Art, covering not only the art but the artists, their influences and the social, political, economic and cultural context in which the art was created.

**BASIC IPHONE SKILLS**  
*With Ms. Joan Valdes and Ms. Josie Zomerfeld*  
*Tuesdays, 10:00 – 11:45 a.m.*  
*$70*

**Course description:** In this course the students learn to use their iPhone commencing with basic skills. The students are taught to use apps that are installed on all devices, including: clock, phone, weather, contacts and camera. They learn how to use the apps on a basic level so that they can communicate and have fun with their phones. They learn to appreciate that iPhones are computers as well as phones. Ms. Zomerfeld and Ms. Valdes co-teach the class; as a result, the students receive extensive individual and group lessons. iPhone 6 or better is recommended.

**ITALIAN ADVANCED, PART E**  
*With Mr. Manuel Rossi*  
*Tuesdays, 10:00 – 11:45 a.m. [5 week course]*  
*$60*

**Course description:** This advanced Italian class will help you hone your language skills with the goal of becoming a better speaker and writer. Come and join our innovative class that will also include cultural segments and many other surprises: Siete Benvenuti!

**WATERCOLOR PAINTING, ADVANCED**  
*With Mr. Jim Brennan*  
*Tuesdays, 10:00 – 11:45 a.m.*  
*$120*

**Course description:** Are you an experienced watercolor artist who wants to learn more advanced techniques? This class is designed for those students who have been working in this medium for at least one year. You will be given ample time in class to work on your projects, where you will receive instruction in composition, value, lead-ins and critiques in each class. You will be painting in the first class. PLEASE BRING ALL SUPPLIES TO THE FIRST AND ALL CLASSES.

**ADVANCED/BEGINNER’S BRIDGE**  
*With Ms. Georgette King*  
*Tuesdays, 10:00 – 11:45 a.m.*  
*$70*

**Course description:** This course is a continuation of beginner’s bridge and a refresher for those who have played before.

<table>
<thead>
<tr>
<th>Week</th>
<th>Subject</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Rebids by Opener</td>
</tr>
<tr>
<td>2</td>
<td>Rebids by Responder</td>
</tr>
<tr>
<td>3</td>
<td>Managing the Trump Suit</td>
</tr>
<tr>
<td>4</td>
<td>Putting it all together</td>
</tr>
<tr>
<td>5</td>
<td>Watching out for the Opponents</td>
</tr>
<tr>
<td>6</td>
<td>Watching out for entries</td>
</tr>
</tbody>
</table>

**ADOBE PHOTOSHOP ELEMENTS (PSE 10-15)**  
*With Mr. Karl Koslowski*  
*Tuesdays, 9:30 – 12:30 p.m.*  
*$90*

**Course description:** Learn how to frame, add text, sign, copyright, create panos, multiple image compositions, sharpening, noise removal, luminescence, chroma saturation adjustments, gradients, selection and transfer techniques. This course is taught in the OLLI@UM computer room on PCs. Each student will be given 50 of Mr. Koslowski’s South Florida single and composite images, for practice in class and at home.

<table>
<thead>
<tr>
<th>Week</th>
<th>Subject</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Introductions: Photographic experience- recent camera and post processing software. Filing and retrieving images, establishing image files and folders. Transfer of practice images and folders, for practice in class and at home.</td>
</tr>
<tr>
<td>2</td>
<td>Demos focusing on specific selection tools, their functions and image enhancements.</td>
</tr>
<tr>
<td>3</td>
<td>Layers, multi-image composites, Framing and signing with PSE.</td>
</tr>
<tr>
<td>4</td>
<td>Enhancements: cloning, healing brush, texts, copyrights, signing.</td>
</tr>
<tr>
<td>5</td>
<td>Learn to create panoramas with stitching practices of architecture and landscape scenes, including framing and adding texts.</td>
</tr>
<tr>
<td>6</td>
<td>Practice dodging and burning and the use of gradients. Review all phases of image enhancement with Adobe PSE.</td>
</tr>
</tbody>
</table>

Please bring a 16GB USB thumb drive to the first class, for the transfer of practice images and folders - for practice in class and at home.
IN THE NEWS
With Mr. Haim Karp, Mr. Leslie Gross and Ms. Janet Krutchik
Tuesdays, 12:00 – 12:55 p.m.
Free for OLLI members

Course description: Discussion group focused on what’s ‘in the news’ each week. Bring your open-mindedness and civil discourse to this OLLI member club.

SURREALISM: ART OF DREAMS AND NIGHTMARES
With Dr. Batia Cohen
Tuesdays, 1:00 – 2:45 p.m.
$70

Course description: What is surrealism? You will learn how it was developed and we will explore the precursors of the 1920’s artistic movement and the main artists who were part of it. The course will analyze the works and life of Max Ernst, Rene Magritte, Leonora Carrington and the most famous of all-Salvador Dali.

Week 1 Introduction to Surrealism: Where does it come from? From Hieronymus Bosch to Dada.
Week 2 Life and work of Max Ernst.
Week 3 Life and work of Rene Magritte.
Week 4 Leonora Carrington and her art.
Week 6 Salvador Dali, Part 2.

SPANISH BASIC, PART E
With Dr. Luis Carlos Fallon
Tuesdays, 1:00 – 2:45 p.m.
$70

Course description: This course is a continuation of Spanish Basic, Part D. You will continue to learn the basic essentials to speak and write in Spanish. Grammar points and cultural elements will be presented, all in a relaxed and fun atmosphere.

TUTTI A BORDO (ADVANCED ITALIAN CONVERSATION)
With Mr. Manuel Rossi
Tuesdays, 1:00 – 2:45 p.m. [5 week course]
$80

Course description: Benvenuti al mondo d’italiano! This interactive grammar and conversation course will keep you on your “Italian” toes - You’ve learned your main grammar, so let’s start using it! From discussing current topics, reading authentic news and literary materials, watching film and video segments to learning useful advanced grammar, the purpose of this course is to prepare you to immerse yourself (and survive!) in all things Italian with full confidence and pride. Vocabulary, main grammar points and cultural elements will all be presented in a relaxed, fun and family-like atmosphere. Come and join in on the fun. Ci vediamo!

INTRODUCTION TO PENCIL DRAWING AND SKETCHING
With Ms. Anita Klimek
Tuesdays, 1:00 – 2:45 p.m.
$120

Course description: In this course you will learn to draw and sketch: fruit, bottles, bowls, birds, animals and people.

Week 1 Drawing and sketching of fruits.
Week 2 Drawing and sketching of bottles and bowls.
Week 3 Drawing and sketching of all types of bottles and bowls.
Week 4 Drawing and sketching of animals – different species, including fur.
Week 5 Drawing and sketching of people (the body).
Week 6 Drawing and sketching of people- features: eyes, nose, ears, mouth and putting it all together to complete the body and face.

CREATIVE WRITING
With Ms. Jeanne DeQuine
Tuesdays, 3:00 – 4:45 p.m.
$70

Course description: This is a participatory writing workshop in which students write and read their pieces and critique each other’s work. You will respond to specific writing prompts given by the instructor, who critiques each piece orally and in writing. You will work one-on-one.

Week 1 Introduction. Why write? Discussion about the process of writing – general aspects of capturing the written word. You will write to short prompts from your instructor and learn how to critique your own and others’ work in the last hour of the class.
Week 2 The workshop process: How to breakthrough writer's block. How to edit your work. How to critique another piece of work (by a published author or fellow writer). The last hour of class includes discussion of previously emailed work by two or three students.
Week 3 Character: How to describe character or person from your life. Using a list, you will construct people to use in their pieces, assisted by writing prompts. Critique process for last hour of the class.
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<th>Course Description</th>
<th>Class Details</th>
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<tr>
<td><strong>TUESDAYS</strong> (Cont.)</td>
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<tr>
<td><strong>Week 4</strong></td>
<td>Plot: Whether writing fiction or memoir narrative, stories must have an arc, or direction. We will discuss the origin of plot using Joseph Campbell’s Jungian idea of myth. Writing prompts will be employed. Critique process for last hour of the class.</td>
</tr>
<tr>
<td><strong>Week 5</strong></td>
<td>Setting and Dialog: You will be prompted to develop settings, using the five senses. How to write natural dialog (it’s not as easy as it sounds!). Critique process for last hour of the class.</td>
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<td><strong>Week 6</strong></td>
<td>Tone and other aspects of writing that interest the class will be discussed. Writing prompts will be used. Critique process for last hour of the class.</td>
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<td><strong>CHAIR YOGA</strong></td>
<td>With Ms. Nina Ramos</td>
</tr>
<tr>
<td>Tuesdays – Thursdays, 3:00 – 4:00 p.m.</td>
<td>$70</td>
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<td><strong>Course description:</strong> Also known as seated yoga, Chair Yoga is ideal for the desk-bound, travelers, golfers, and those in rehabilitation or physically challenged. Chair Yoga will introduce you to a series of the most effective yoga stretches, all done from the comfort of your chair. You do not need to stand up to reap the benefits of yoga. Your body and your mind will thank you for learning about and practicing chair yoga! With seated yoga, “the numerous benefits include increased strength and flexibility, improved circulation, and experience with breathing and relaxation techniques”, as noted by Dr. Andrew Weil, today's guru of healthy aging. <strong>NOTE:</strong> This unique program is offered in 1-hour segments of seated stretching and deep breathing to help maintain or build strength and flexibility while relieving the stress and tension associated with sitting for too long.</td>
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<td><strong>SPANISH INTERMEDIATE, PT E</strong></td>
<td>With Dr. Luis Carlos Fallon</td>
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<td>Tuesdays, 3:00 – 4:45 p.m.</td>
<td>$70</td>
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<td><strong>Course description:</strong> This course is a continuation of Spanish Intermediate, PT D. You have learned the main grammar, so let’s begin using it! By reading authentic news and literary materials, discussing current topics and performing role plays, you will develop enough confidence to communicate with others in your newly acquired Spanish.</td>
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<td><strong>ITALIAN BASIC, PT E</strong></td>
<td>With Mr. Manuel Rossi</td>
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<tr>
<td>Tuesdays, 3:00 – 4:45 p.m. [5 week course]</td>
<td>$60</td>
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<tr>
<td><strong>Course description:</strong> Buon Giorno! This course is a continuation of Italian Basic, Part D. In this course you will continue to learn the basic essentials to speak and write in Italian. Grammar points and cultural elements will be presented, all in a relaxed and fun atmosphere. Come and join the fun! Siete Benvenuti!</td>
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<tr>
<td><strong>WEDNESDAYS – CLASSES START 04/24/19</strong></td>
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<tr>
<td><strong>RELIGION IN U.S. FOREIGN POLICY: PIETY, PATRIOTISM &amp; PREJUDICE</strong></td>
<td>With Dr. Marsha Cohen</td>
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<tr>
<td>Wednesdays, 10:00 – 11:45 a.m.</td>
<td>$70</td>
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<td><strong>Course description:</strong> Since the founding of the U.S., religion has played a significant, if not always obvious, role in shaping the way in which Americans view the world, and their role in it. The Constitutional principle of “separation of church and state” did not keep even secular Americans from viewing themselves as the chosen people, obliged to share, or impose, their superior ideals, institutions and language of governance on less enlightened peoples and the territories in which they lived. This course will explore how a multiplicity of religious perspectives, implicitly or explicitly, have influenced the foreign policy of the U.S.: the “manifest destiny” that appropriated the lands occupied by heathen aboriginals; “anti-Papist” policies and alliances in the 19th century; the apocalyptic battles against atheistic communism of the 20th century; and the degree and dimensions of the religious underpinnings, both explicit and implicit, of U.S. approaches to, and involvement in, 21st century regional and global conflicts.</td>
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<tr>
<td>Week 1</td>
<td>The New Jerusalem. The roots of American Exceptionalism in early America.</td>
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<tr>
<td>Week 3</td>
<td>The Era of Empire: Raising the “True Flag” for God and country, Manifest destiny and the zeal for empire as religious imperatives.</td>
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<tr>
<td>Week 4</td>
<td>The Religious Dimensions of Internationalism vs. Isolationism.</td>
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<tr>
<td>Week 5</td>
<td>Americanism vs. Communism.</td>
</tr>
<tr>
<td>Week 6</td>
<td>Power and Prejudice in 21st Century - U.S. Foreign Policy.</td>
</tr>
<tr>
<td><strong>RECOMMENDED READING:</strong> Sword of the Spirit, Shield of Faith by Andrew Preston; Power, Faith and Fantasy: America in the Middle East 1776 to the Present by Michael Oren.</td>
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<tr>
<td><strong>INTERMEDIATE IPHONE SKILLS</strong></td>
<td>With Ms. Joan Valdes and Ms. Josie Zomerfeld</td>
</tr>
<tr>
<td>Wednesdays, 10:00 – 11:45 a.m.</td>
<td>$70</td>
</tr>
<tr>
<td><strong>Course description:</strong> In this course you will broaden your knowledge of the clock, phone, weather, contacts and camera apps. You will also learn Siri, photo editing, three way calling, calendaring, library apps, shopping apps, movie apps, Internet skills, Google Maps, music apps, newspapers, magazines, stocks, WhatsApp, copy and pasting and trouble shooting. You will have a lot of fun as you analyze and use new apps. You will receive extensive group and individual lessons.</td>
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</tbody>
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**Chair Yoga**

**Course description:**

Chair Yoga is ideal for the desk-bound, travelers, golfers, and those in rehabilitation or physically challenged. Chair Yoga will introduce you to a series of the most effective yoga stretches, all done from the comfort of your chair. You do not need to stand up to reap the benefits of yoga. Your body and your mind will thank you for learning about and practicing chair yoga! With seated yoga, “the numerous benefits include increased strength and flexibility, improved circulation, and experience with breathing and relaxation techniques”, as noted by Dr. Andrew Weil, today’s guru of healthy aging. **NOTE:** This unique program is offered in 1-hour segments of seated stretching and deep breathing to help maintain or build strength and flexibility while relieving the stress and tension associated with sitting for too long.

**Spanish Intermediate, PT E**

**Course description:**

This course is a continuation of Spanish Intermediate, PT D. You have learned the main grammar, so let’s begin using it! By reading authentic news and literary materials, discussing current topics and performing role plays, you will develop enough confidence to communicate with others in your newly acquired Spanish.

**Italian Basic, PT E**

**Course description:**

Buon Giorno! This course is a continuation of Italian Basic, Part D. In this course you will continue to learn the basic essentials to speak and write in Italian. Grammar points and cultural elements will be presented, all in a relaxed and fun atmosphere. Come and join the fun! Siete Benvenuti!
WRITING & READING ABOUT FLORIDA: FICTION, POETRY AND MEMOIR  
With Ms. Laura Gill  
Wednesdays, 10:00 – 11:45 a.m.  

Course description: In this course, we will look at the nonfiction of Joan Didion, the fiction of Zora Neale Hurston, and the poetry of Wallace Stevens, amongst others, to inspire our own writing. The hope is to formulate new, fresh narratives about Florida- or set in Florida- as we dive deeper into those that already exist. We will spend some time in class every week writing about place, looking at excerpts of the works of Didion, Hurston and Stevens as inspiration. We will start each class analyzing the tools they are using in their work, and then move to using them in our own writing. There will be opportunities for sharing work and getting and giving feedback, as well as opportunities to play around with form.  

Week 1 Fiction: read and discuss an excerpt of Zora Neal Hurston's *Their Eyes Were Watching God* and Lauren Groff’s *Florida*. Do a writing prompt in response.  
Week 2 Poetry: read and discuss some poetry of Wallace Stevens, Chase Twichell, and Richard Blanco. Do a writing prompt in response.  
Week 3 Notification: read and discuss the non-fiction of Joan Didion and Sarah Gerard, amongst others. Do a writing prompt in response.  
Week 4 Writing and writing workshop: workshop your own writing with the class.  
Week 5 Writing and writing workshop: workshop your own writing with the class.  
Week 6 Writing and writing workshop: workshop your own writing with the class.  

ACRYLIC PAINTING, ADVANCED  
With Mr. Jim Brennan  
Wednesdays, 10:00 – 11:45 a.m.  

Course description: Painting with acrylics can be great fun. Painting is to be enjoyed, not endured. Acrylics are easy to use mainly because they are water-soluble and are not encumbered by the numerous technical rules, as are watercolors. Acrylics allow the artist to jump in and push the medium to its limits. Come and experience the fun, ease and lack of boundaries this medium and class has to offer. There will be time in class to work on your projects, where you will receive instruction in perspective, composition, leaders and critiques in each class. This class is geared towards advanced painters, but all levels are welcome to attend. You will be painting in the first class.  

PLEASE BRING ALL SUPPLIES TO THE FIRST AND ALL CLASSES. If you need assistance, email Jim Brennan, at captnjim@comcast.net or call 305-338-3557.
THOSE WHO LOVE TO READ
With Mr. Eric Selby [Via Skype]
Wednesdays, 1:00 – 2:45 p.m.
$70

Course description: We will be reading and discussing the contents from three books about people who love to read, one is a novel, one is a memoir, and one is somewhat of a combination: The Storied Life of A.J. Fikry by Gabrielle Zevin; My Live with Bob: Flawed Heroine Keeps Book of Books, Plot Ensues by Pamela Paul and The Guernsey Literary and Potato Peel Pie Society by Mary Ann Shaffer and Annie Barrows.

INTERNATIONAL ACTION
With Mr. Alan Dietz
Wednesdays, 1:00 – 2:45 p.m.
$37

Course description: ‘International Action’ is a discussion group dealing with explaining up-to-the-minute international affairs, politics, and intrigue in the major action centers of the world, with emphasis on Europe, China, India, Russia, Japan, Latin America, and of course the smoldering Middle East. Alan Dietz, an OLLI member, and guests will lead the discussion, and the door will be wide open for class participants to pour their own insights onto the fire if they choose.

HOW DO I DEAL WITH THIS? COPING SKILLS
With Dr. Judith McCalla
Wednesday, 1:00 – 2:45 p.m.
$70

Course description: This course teaches coping skills to handle stressful life events more effectively. Negative events happen to everyone, but some people do a better job of coping with these stressors. You will learn and practice skills such as problem-solving, challenging negative thoughts, assertiveness training and anger management. You will also have the opportunity to learn several relaxation techniques. After this course, you should be better prepared to deal with life’s challenges.

YOGA FOR HEALTH
With Ms. Nina Ramos
Wednesdays, 3:00 – 4:00 p.m.
$50

THE EVOLUTIONARY ORIGIN OF MORALITY
With Dr. Peter Luykx

Thursdays, 10:00 – 11:45 a.m.

Course description: Human moral systems are generally thought to have arisen only within our own species. But observations on our close evolutionary cousins, especially chimpanzees, show that many features of our morality also exist in them. Therefore, it seems likely that our moral sense did not arise just in our species, but originated in our evolutionary ancestors, and we inherited and refined it. This discussion course, based on Frans de Waal’s book: Primates and Philosophers, will examine the arguments and the evidence for this idea.


VIVIENDO EL ESPAÑOL
With Mr. Manuel Rossi

Thursdays, 10:00 – 11:45 a.m. (Student should be fluent in Spanish in order to take this course) [5 week course]

Course description: ¡Bienvenidos al mundo de Español! This interactive grammar and conversation course will keep you on your “Spanish” toes! From discussing current topics, reading authentic news/magazine materials, watching film and video segments to learning useful advanced grammar, the purpose of this course is to prepare you to immerse yourself (and survive!) into all things Spanish with full confidence and pride. Vocabulary, main grammar points and cultural elements will all be presented in a relaxed, fun and family-like atmosphere. Come and join in on the fun. Te esperamos!

WATERCOLOR PAINTING BEGINNERS
With Mr. Jim Brennan

Thursdays, 10:00 – 11:45 a.m.

Course description: If you’ve never painted before or have been painting for less than a year, this is a great class to learn or review the foundations of watercolor. This class introduces and includes the fundamentals of what constitutes color and how it is combined and used. You will begin with “color theory,” mixing, brush techniques, the color wheel, and color charts. This instructor’s enthusiasm for art and dramatic style, as a watercolorist, provides stimulation and adventure for the beginning artist. You will be given time in class to work on your projects, where you will receive assistance and critiques. This class is limited to the first 10 registrants. You will be painting in the first class, so bring all your supplies. Note: This class is geared for those who are new to the medium, as well as artists of different levels, who have not painted for a while.

Please bring all supplies to the first and all classes. If you need assistance, email Jim Brennan, at captjm@comcast.net or call 305-338-3557.

HISTORY & CULTURE OF THE MEDITERRANEAN SEA
With Dr. David Rivera

Thursdays, 1:00 – 2:45 p.m.

Course description: The history of the Mediterranean Sea is the history of communications between people and cultures from the lands surrounding it – through the way of trade, transport, colonization, war and cultural swap between different peoples. Some of the most ancient human civilizations – Egyptian, Phoenician, Greek, Roman- were organized around it. These civilizations have had a major influence on the history and existence of cultures around the Mediterranean and, consequently, are among the keys for understanding the development of western civilization as we know it.
THURSDAYS (Cont.)

Week 1 Introduction and early history of the Mediterranean Sea.
Week 2 Classical Antiquity: The rise of Greek city state, the Phoenician Empire and the Achaemenid Empire.
Week 3 The Roman Empire and the “Mare Nostrum.”
Week 4 The Fall of the Roman Empire and the Islamic conquest of the Mediterranean.
Week 5 Modern Era: Ottomans, Portuguese Empire, Spanish Empire and Italian Empire.
Week 6 The Mediterranean today.

PREPARIAMOCI! MASTER COURSE IN ITALIAN GRAMMAR AND CONVERSATION (ADVANCED)
With Mr. Manuel Rossi
Thursdays, 1:00 – 2:45 p.m. [5 week course]

Course description: Not feeling ready to take the Tutti a Bordo advanced conversation course? Feel the need to refine your Italian grammar skills? This course is designed for those who have already taken Advanced Italian but want to hone their grammar skills. This course may be taken along with Tutti a Bordo.

MIXED MEDIA FOR IMAGINATIVE MINDS
With Mr. Jim Brennan
Thursdays, 1:00 – 2:45 p.m.

Course description: This class is open to all levels of would be artists, painters and individuals who just want to create something different, unusual that they like. The medium does not matter. Mixed Media art offers each and every one of us the ability to discover something new, fun and enjoyable. It is a medium without stress and anxiety. This is your opportunity to let go with colors, crazy colors, gels, liquid paints, cardboard, tiles, buttons, zippers, dried weeds, flowers, pictures cut from a magazine, anything goes. There is no right or wrong way to create. No rules to follow. Follow whatever your mind imagines. Your instructor will be your guide, offering suggestions and encouragement. To provide a relaxing environment, music will be the backdrop to a memorable and enjoyable experience.

NOTE:
Since Mixed Media is so varied, it is not practical to create an all-encompassing materials list. As a result, a number of items will be available at the first class. They include cardboard squares, buttons, ribbons, zippers, shells, ice-cream sticks, pages from magazines of all sorts.

This class is limited to the first 8 registrants.

Your instructor will offer advice on any of the foregoing and you are welcome to contact him at email: captntjm@comcast.net

INTRODUCTION TO SMART PHONE...ANDROID DEVICE
With Ms. Joan Nurse
Thursdays, 1:00 – 2:45 p.m.

Course description: Learn the Android phone operating system... how to manage your electronic device... and send a picture to a friend. The internet is riddled with advanced tips and tricks, but the goal of this course is to sort through all the information and simplify your experience.

Week 1 Getting to know your device: Finding the Android buttons... setting up a google account.
Week 2 Navigating to a Web page... taking a picture. Importing your contacts from another phone or device. Setting up your email account.
Week 3 Finding a specific App... add or remove apps. Phone calls, text messaging.
Week 4 Accessing your device settings... notifications, lock screen for safety and privacy. Wireless & Networks (where you can manage your connections and devices).
Week 5 Basic security tips...
Week 6 Review all material learned... Q & A.

CHAIR YOGA
With Ms. Nina Ramos
Tuesdays – Thursdays, 3:00 – 4:00 p.m.

Course description: Also known as seated yoga, Chair Yoga is ideal for the desk-bound, travelers, golfers, and those in rehabilitation or physically challenged. Chair Yoga will introduce you to a series of the most effective yoga stretches, all done from the comfort of your chair. You do not need to stand up to reap the benefits of yoga. Your body and your mind will thank you for learning about and practicing chair yoga! With seated yoga, “the numerous benefits include increased strength and flexibility, improved circulation, and experience with breathing and relaxation techniques”, as noted by Dr. Andrew Weil, today’s guru of healthy aging. NOTE: This unique program is offered in 1-hour segments of seated stretching and deep breathing to help maintain or build strength and flexibility while relieving the stress and tension associated with sitting for too long.

CREATIVE WRITING
With Ms. Jeanne DeQuine
Thursdays, 3:00 – 4:45 p.m.

Course description: This is a participatory writing workshop in which students write and read their pieces and critique each other’s work. You will respond to specific writing prompts given by the instructor, who critiques each piece orally and in writing. You will work one-on-one.
THURSDAYS (Cont.)

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<td>2</td>
<td>The workshop process: How to breakthrough writer’s block. How to edit your work. How to critique another piece of work (by a published author or fellow writer). The last hour of class includes discussion of previously emailed work by two or three students.</td>
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<td>4</td>
<td>Plot: Whether writing fiction or memoir narrative, stories must have an arc, or direction. We will discuss the origin of plot using Joseph Campbell’s Jungian idea of myth. Writing prompts will be employed. Critique process for last hour of the class.</td>
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<td>5</td>
<td>Setting and Dialogue: You will be prompted to develop settings, using the five senses. How to write natural dialog (it’s not as easy as it sounds!). Critique process for last hour of the class.</td>
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<td>6</td>
<td>Tone and other aspects of writing that interest the class will be discussed. Writing prompts will be used. Critique process for last hour of the class.</td>
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ITALIAN INTERMEDIATE, PT E
With Mr. Manuel Rossi
Thursdays 3:00 – 4:45 p.m. [5 week course]

Course description: This course is a continuation of Italian Intermediate, PT D. You know your grammar - This interactive intermediate Italian conversation course is to continue honing your speaking skills and to be able to discuss personal activities, everyday situations and be able to express your opinion – Tutto in Italiano! We will be using various readings ranging from authentic newspaper/magazine materials to various short stories and other types of brief readings. Note: Although this class is the most basic of the conversations classes offered, you will still need to have a decent understanding of Italian grammar since it will not be taught primarily during this course.

FRIDAYS – CLASSES START 04/26/19

SELECT OPERAS FROM MOZART TO JOHANN STRAUSS
With Dr. Judith Etzion
Fridays, 10:00 – 11:45 a.m.

Course description: This is the continuation of Fall 2 opera lectures. The discussion of each opera in this cycle highlights its underlying social and psychological conflicts, as projected onto its narrative and musical style.

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<td>1</td>
<td>Introduction to Mozart’s late operas. Cosi fan tutte (1790): psychological critique disguised under symmetrical elegance.</td>
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<tr>
<td>2</td>
<td>Mozart’s Magic flute (1791): the German operatic concept and symbolism.</td>
</tr>
<tr>
<td>3 &amp; 4</td>
<td>Verdi’s Rigoletto (1851, based on Victor Hugo’s Le roi s’Amuse) rising social and individual sensitivity in 19th-century literature and opera.</td>
</tr>
<tr>
<td>5</td>
<td>Excerpts from Offenbach’s operettas: parodying the Classical and the Romantic.</td>
</tr>
<tr>
<td>6</td>
<td>Johann Strauss, Die Fledermaus (1874): criticizing noble decadence and Viennese indulgence.</td>
</tr>
</tbody>
</table>

WRITERS’ WORKSHOP
With Mr. George Wendell
Fridays, 10:00 – 11:45 a.m.

Course description: This course continues to highlight the writings of members. Format is modeled after the Iowa Writers’ Workshop, with peer review, constructive criticism, and the opportunity to read aloud to an audience of writers, all aimed to help writers hone the effectiveness of their writing. This is an informal class, encouraging memoir writing, novel and short fiction, non-fiction, poetry, even song lyrics! Sharing the events of our lives, memories, experiences, and imagination creates a tightly-knit group of friends and requires an emphasis on preserving each member’s personal privacy. Suggestions are shared on how to get started writing, coping with the blank page, developing one’s unique style, structural aspects and thematic cohesivity. RECOMMENDED TEXTS are: The Elements of Style by E.B. White and William Strunk, Jr., and The Art of Memoir, by Mary Karr, prolific award-winning author and professor of English at Syracuse University.

MAH JONGG
With Ms. Maureen Glabman
Fridays, 10:00 – 11:45 a.m.

Course description: Students will learn how to play a more than 2000 year-old Asian game that will keep their minds sharp for the rest of their lives. At the beginning of the course, students learn to identify tiles. By the end of the course, students will master effective winning strategies. They will then be equipped to begin their own foursomes for a lifetime of friendships and stimulation.
FRIDAY (Cont.)

Week 1: Tile identification.
Week 2: Understanding the card.
Week 3: The Charleston.
Week 4: How to organize tiles after the Charleston. Supervised play.
Week 5: Strict rules of the game. Supervised play.
Week 6: Strategies and payouts. Supervised play.

REQUIRED: Mah Jongg card from the National Mah Jongg League in New York – Order online, $8

CURRENT EVENTS CLUB
With OLLI member, Mr. Haim Karp
Fridays, 12:00 – 12:55 p.m.
Free for OLLI members

Course description: Would you like to discuss current events within a smaller group? Do you share the same passions as other OLLI members on certain national or global topics? Participants in this club should prepare for meetings by brushing up on current topics in the news frequently, bringing not only opinions to the table, but verified facts as well. This group is led by OLLI member Mr. Haim Karp.

ARABIC LANGUAGE, A1
With Dr. Daniel Rivera
Fridays, 1:00 – 2:45 p.m.
$70

Course description: This course is an introduction to the Arabic language and culture. You will be introduced to Arabic letters and sounds and basic vocabulary and expressions. The course will cover lessons 1 to 5 of the book. **REQUIRED TEXT:** *Alif baa: Introduction to Arabic Letters and Sounds, 3rd Edition.*

Week 1: Lesson 1 – Letters and Sound.
Week 2: Lesson II – Practice and exercises.
Week 3: Lesson III: Practice and exercises.
Week 4: Lesson IV: Practice and exercises.
Week 5: Lesson V: Practice and exercises.
Week 6: Lesson VI – Review lessons 1-5 all that was learned. Skit.

SHAKESPEARE READING GROUP
With Mr. George Wendell
Fridays, 1:00 – 2:45 p.m.
$37

Course description: The class will read approximately 2 plays in their entirety per session, one comedy and one tragedy. Format is two weeks to read the play, switching parts so all get to read big parts who want to (not required), followed by watching a DVD of the play performed by the Globe Theater in London, or other outstanding performance. Students have so far developed much confidence in tackling the antique language, and comment that the final DVD really solidifies the play in their minds. Lots of fun as well. *The Tempest* and *All’s Well That Ends Well* are selected are selected, but I am of course open to class requests also! **Preferred text** is *The Signet Shakespeare Series*, ed. Sylvan Barnet.

CAFÉ Y CONVERSACION EN ESPAÑOL
With Ms. Susan Dow
Fridays, 1:00 – 2:45 p.m. First Class on 5/3/19
$70

Course description: A conversation class for high intermediate to advanced students, who would like to improve fluency and expand vocabulary in an informal setting. The conversations will reinforce grammar and usage learned in Beginning and Intermediate Spanish and incorporates topics that are both useful and interesting, such as best restaurants, travel and interesting things to do in Miami.

Week 1: My best vacation, practice using preterit, vocabulary focus on making reservations, types of travel, modes of transportation and leisure activities.
Week 2: The pros and cons of living in Miami; practice using present and present perfect tenses. Vocabulary focus on descriptive adjectives, adverbs and superlatives.
Week 3: Dining out. Practice using various tenses. Vocabulary focus on ordering food and beverages, evaluating restaurants in the Miami area, tipping, complaining to wait staff, etc.
Week 4: If you could live your life over again... Practice using conditional tenses and subjunctive mood. Vocabulary focus on family, careers, finances, lost loves, etc.
Week 5: Individualistic cultures, such as American, vs. collective cultures, such as Cuban.
Week 6: Who ya gonna call? (health and care related emergencies). Practice using present real conditional and reflexive verbs. Vocabulary focus on health issues and car rental or ownership.

ARABIC LANGUAGE, B1
With Dr. Daniel Rivera
Fridays, 3:00 – 4:45 p.m.
$70

Course description: This course is the continuation after levels A1 and A2. This level is designed for those students who feel comfortable with Arabic letters and sounds and basic vocabulary. You will continue learning new aspects of the Arabic language.

Week 1: Lesson I – Introduction to the *New Book; New Vocabulary.*
Week 2: Lesson I – Practice and exercises.
Week 3: Lesson II – Practice and exercises.
Week 4: Lesson II – Introduction to new vocabulary
Week 5: Lesson III – Practice and exercises, Conversation.
Week 6: Lesson IV – Review; Conversation and skills.
JEWELRY MAKING
With Ms. Nina Ramos
Mondays, 10:00 – 11:45 a.m.
$70
Course description: In this course you will learn many jewelry techniques. You are probably going to be surprised by how little it takes to create something that you will be proud to wear. In this class, you will be learning the secrets of making a successful jewelry creation (technique, style and function).

<table>
<thead>
<tr>
<th>Week 1</th>
<th>Define symmetrical, asymmetrical and radial balance.</th>
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<tbody>
<tr>
<td>Week 2</td>
<td>Recognize the tools and their functions.</td>
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<tr>
<td>Week 3</td>
<td>Use crimp beads, open and close a jump ring, measure string correctly.</td>
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<tr>
<td>Week 4</td>
<td>Attach chains to a multi-strand divider; Execute several wire-wrapping techniques: simple loop, wrapped loop, and a loop with chain; Finish pieces.</td>
</tr>
</tbody>
</table>

INVESTMENTS
With Mr. Haim Karp
Mondays, 10:00 – 11:45 a.m.
$80
Course description: This is your chance to discuss investment topics and opportunities with fellow OLLI members who have some experience and knowledge in this area. Each week discussion revolves around a topic related to investments. This group is led by Mr. Haim Karp, an OLLI member.

<table>
<thead>
<tr>
<th>Week 1</th>
<th>Getting started with your personal computer… How the computer is connected to your devices. Identify the common components of the personal computer.</th>
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</thead>
<tbody>
<tr>
<td>Week 2</td>
<td>Using the application Software... Navigating in a Word Processing Document. Find information in a Database.</td>
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<tr>
<td>Week 3</td>
<td>Connecting to a Network... Access to the Internet... providing the basic concept on how to work with emails and document transfers.</td>
</tr>
<tr>
<td>Week 4</td>
<td>Proving the knowledge acquired on everyday computer searches; Security essentials; Reviewing all materials – Q&amp;A.</td>
</tr>
</tbody>
</table>

CHESS FOR BEGINNERS
With Mr. Chris Stormont
Mondays, 10:00 – 11:00 a.m.
$55
Course description: In this course you will learn the fundamentals of chess: how the pieces move, names, check, checkmate, and all basic rules and more. Some opening strategy, tactics, endgames, and puzzles.

Materials you will need: Tournament Chess Set Combo- price $40, includes a roll up chess board, pieces, and deluxe bag which stores the board, pieces, clock, notation book, pencils and more. If you have never played chess before or need a guide to remember the basics, you will also need a Buddy Board- price $8. You can purchase both either from the Instructor or online.

FUN WITH YIDDISH
With Ms. Lorraine Feuer
Mondays, 12:00 – 12:55 p.m.
Free for OLLI members
Course description: Brush up on your Yiddish, and start speaking it now. Even if you understand it, but have never spoken it, come surprise yourself with how quickly you can join the conversation. This group is led by Lorraine Feuer, an OLLI member.
OLLI BOOK CLUB
With Ms. Susan King
Mondays, 12:00 – 12:55 p.m.

Free for OLLI members

Course description: Book Club is a member-driven discussion group facilitated by an OLLI member. It is a committed group whose sole purpose is to have a lively and engaging discussion about the novel(s) chosen to read. This group is led by Susan King, an OLLI member.

TAI CHI
With Mr. Tony Garcia
Mondays and Wednesdays, 12:30 – 1:30 p.m.

$70

Course description: Tai Chi is a gentle and graceful movement class designed to improve balance, increase muscle strength and range flexibility. It also helps decrease pain in arthritic conditions and helps with coordination and focus. Mr. Garcia has been teaching Tai Chi for over 20 years at various locations throughout Miami and Broward.

FROM BERLIN TO BACHARACH, GREAT PIANISTS/COMPOSERS, [PT 2]
With Mr. Brian Murphy
Mondays, 1:00 – 2:45 p.m.

$50

Course description: This course will feature extensive background and biographical material on each great pianist/composer as well as an explanation of their musical style and the times each composer represented as well as their stellar achievements.

Week 1  Bernard Hermann
Week 2  Leonard Bernstein
Week 3  Henry Mancini
Week 4  Burt Bacharach

RELIGION, POLITICS & VIOLENCE IN THE MIDDLE EAST
With Dr. Daniel Rivera
Mondays, 1:00 – 2:45 p.m.

$50

Course description: This course examines the roots of violence and conflict in the modern Middle East. You will see how certain historical events have definitely contributed to radicalization, sectarianism, violence and war in the Middle East. We will focus first on explaining major ethnic groups and religious sects in the Middle East and later on we will focus on the roots of various conflicts affecting the MENA region today.

Week 1  People and religions in the MENA region. Major religious and political trends in modern Islam: Sunnism, Schism and Sufism.
Week 2  The Israeli-Palestinian conflict.
Week 3  The Arab, Kurdisch and Turkish conflict.
Week 4  The Arab cold war.

ACRYLIC PAINTING - BEGINNERS
With Mr. Jim Brennan
Mondays, 1:00 – 2:45 p.m.

$80

Course description: Painting with acrylics can be great fun. Painting is to be enjoyed, not endured. Acrylics are easy to use mainly because they are water soluble, and are not encumbered by numerous technical rules, as are watercolors. Acrylics allow the artist to jump in and push the medium to its limits. Come and experience the fun, ease and lack of boundaries this medium and class offers. You will delve into the fundamentals of what constitutes color and how it is combined and used. You will begin with “color theory,” mixing, brush techniques, the color wheel, and color charts. You will be painting in the first class. NOTE: This class is geared towards those who are new to the medium, as well as artists of different levels who have not painted for a while.

PLEASE BRING ALL SUPPLIES TO THE FIRST AND ALL CLASSES.
If you need assistance, email Jim Brennan at: capt jim@comcast.net or call (305) 338-3557.

YOGA FOR HEALTH
With Ms. Nina Ramos
Mondays, 3:00 – 4:00 p.m.

$35

Course description: This class and its emphasis are on the postural foundation and alignment of the body. A perfect class for the novice and anyone who would like a beginning approach to yoga. NOTE: The student needs to be able to do yoga on a yoga mat and be able to get up and down off of the floor.
### TUESDAYS – CLASSES START 06/18/19

**WESTERN ART, MASTERS AND MASTERPIECES**  
*With Mr. Armando Droulers*  
Tuesdays, 10:00 – 11:45 a.m.  
**$50**  
**Course description:** These art history lectures concentrate on various artistic periods of Western Art, covering not only the art but the artists, their influences and the social, political, economic and cultural context in which the art was created.

**CLIMATE CONVERSATIONS; THE SCIENCE, THE SERIOUSNESS, THE SOLUTIONS**  
*With Ms. Tiffany Duong and Ms. Sara Nilsson*  
Tuesdays, 10:00 – 11:45 a.m.  
**$50**  
**Course description:** In this 4 week course, we will review the science behind global warming and sea level rise; the serious impacts and implications for our future; and existing strategies and solutions to reduce carbon emissions and restore the planet to historical levels of CO2 in the atmosphere. With lectures by professors from UM and other area universities as well as presentations by local climate activists, this will be an engaging and interactive course.

<table>
<thead>
<tr>
<th>Week</th>
<th>Description</th>
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<tbody>
<tr>
<td>1</td>
<td>The Science, Part 1: We open with appreciating the “blue marble” we live upon. We’ll refresh our knowledge of basic scientific concepts including the carbon cycle, greenhouse effect, ocean acidification, salt water intrusion and meteorology.</td>
</tr>
<tr>
<td>2</td>
<td>The Seriousness: We will look hard at South Florida; if business goes on as usual, what is the probable and almost certain future of our beloved city? How does climate change impact our land use, our agriculture, our health and our economy? We will look beyond our back yard, at our state, our country and our planet. How does climate change impact national security and immigration? Why is the impact worse for women, the elderly, children, the poor and minorities?</td>
</tr>
<tr>
<td>3</td>
<td>The Solutions, Part 1: What is happening here in South Florida: meet the community activists, the educators, the faith leaders, alternative energy providers, and the resilience and sustainability of government officials. What can YOU do? What is happening around the country and the world: energy companies, NGOs, international groups and governments. We’ll explore the potential impacts of adaptation and mitigation.</td>
</tr>
<tr>
<td>4</td>
<td>It’s all ABOUT YOU: what questions do you now have? What stands in our way, individually and collectively? What impact does this knowledge now have on you and your family, community, and friends?</td>
</tr>
</tbody>
</table>

**WATER COLOR PAINTING, ADVANCED**  
*With Mr. Jim Brennan*  
Tuesdays, 10:00 – 11:45 a.m.  
**$80**  
**Course description:** Are you an experienced watercolor artist who wants to learn more advanced techniques? This class is designed for those students who have been working with the medium for at least one year. You will be given ample time in class to work on your projects, where you will receive instruction in composition, value, lead-ins and critiques in each class. You will be painting in the first class.  
**PLEASE BRING ALL SUPPLIES TO THE FIRST AND ALL CLASSES.**

**IN THE NEWS**  
*With Mr. Haim Karp, Mr. Leslie Gross and Ms. Janet Krutchik*  
Tuesdays, 12:00 – 12:55 p.m.  
**Free for OLLI members**  
**Course description:** Discussion group focused on what’s ’in the news’ each week. Bring your open-mindedness and civil discourse to this OLLI member club.

**NUCLEAR ENERGY CLUB**  
*With Mr. William Harden*  
Tuesdays, 12:00 – 12:55 p.m.  
**Free for OLLI members**  
**Course description:** Come join the discussion with OLLI member William Harden.

<table>
<thead>
<tr>
<th>Week</th>
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<tbody>
<tr>
<td>1</td>
<td>Discuss the Big Bang and stars as they create all the elements in their development.</td>
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<tr>
<td>2</td>
<td>Leo Szilard. Nazi Germany and the Manhattan Project.</td>
</tr>
<tr>
<td>3</td>
<td>The H Bomb and Teller.</td>
</tr>
<tr>
<td>4</td>
<td>Two films to be shown where our world almost ended.</td>
</tr>
</tbody>
</table>

**SPANISH BASIC, PT. E**  
*With Dr. Luis Carlos Fallon*  
Tuesdays, 1:00 – 2:45 p.m.  
**$80**  
**Course description:** In this course, you will learn the basic essentials to speak and write in Spanish. Grammar points and cultural elements will be presented, all in a relaxed and fun atmosphere.
INTRODUCTION TO PENCIL DRAWING AND SKETCHING

With Ms. Anita Klimek

Tuesdays, 1:00 – 2:45 p.m.

$80

Course description: In this course you will learn to draw and sketch: fruit, bottles, bowls, birds, animals and people.

<table>
<thead>
<tr>
<th>Week</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Drawing and sketching of fruits, bottles and bowls.</td>
</tr>
<tr>
<td>2</td>
<td>Drawing of birds and animals.</td>
</tr>
<tr>
<td>3</td>
<td>Drawing and sketching of people.</td>
</tr>
<tr>
<td>4</td>
<td>Drawing and sketching of people and features: eyes, nose, ears, and mouth.</td>
</tr>
</tbody>
</table>

CHAIR YOGA

With Ms. Nina Ramos

Tuesdays, 3:00 – 4:00 p.m.

$25

Course description: Also known as seated yoga, Chair Yoga is ideal for the desk-bound, travelers, golfers, and those in rehabilitation or physically challenged. Chair Yoga will introduce you to a series of the most effective yoga stretches, all done from the comfort of your chair. You do not need to stand up to reap the benefits of yoga. Your body and your mind will thank you for learning about and practicing chair yoga! With seated yoga, “the numerous benefits include increased strength and flexibility, improved circulation, and experience with breathing and relaxation techniques”, as noted by Dr. Andrew Weil, today’s guru of healthy aging. NOTE: This unique program is offered in 1-hour segments of seated stretching and deep breathing to help maintain or build strength and flexibility while relieving the stress and tension associated with sitting for too long.

CREATIVE WRITING WORKSHOP

With Ms. Jeanne DeQuine

Tuesdays, 3:00 – 4:45 p.m.

$50

Course description: This course covers fiction and non-fiction. The basic format will be two parts: in the first half of the class, we will discuss writing, and students will write to prompts given by the instructor. The second half of the class will be a workshop in which a few student pieces will be critiqued every week. Articles on writing, as well as exemplary pieces will be emailed for student reading. We will create a safe atmosphere for students to critique others’ work in a helpful, constructive manner. Short handouts will be emailed to writers before class.

SPANISH, INTERMEDIATE, PART E

With Dr. Luis Carlos Fallon

Tuesdays, 3:00 – 4:45 p.m.

$50

Course description: This course is a continuation of Spanish Intermediate, PT D. You have learned the main grammar, so let’s begin using it! By reading authentic news and literary materials, discussing current topics and performing role plays, you will develop enough confidence to communicate with others in your newly acquired Spanish.
ACRYLIC PAINTING, ADVANCED
With Mr. Jim Brennan
Wednesdays, 10:00 – 11:45 a.m.
$80

Course description: Painting with acrylics can be great fun. Painting is to be enjoyed, not endured. Acrylics are easy to use mainly because they are water-soluble and are not encumbered by the numerous technical rules, as are watercolors. Acrylics allow the artist to jump in and push the medium to its limits. Come and experience the fun, ease and lack of boundaries this medium and class has to offer. There will be time in class to work on your projects, where you will receive instruction in perspective, composition, lead-ins and critiques in each class. This class is geared towards advanced painters, but all levels are welcome to attend. You will be painting in the first class.

PLEASE BRING ALL SUPPLIES TO THE FIRST AND ALL CLASSES. If you need assistance, email, Jim Brennan, at captnjim@comcast.net or call 305-338-3557.

SOCIAL MEDIA... HOW IT CAN BE FUN TO ACCESS OUR FRIENDS AND FAMILY ON-LINE
With Ms. Joan Nurse
Wednesdays, 10:00 – 11:45 a.m.
$70

Course description: Social media is no longer an optional channel... it’s a necessary one, but that doesn’t mean results are a given. When it comes to social media, you will have a lot of success interacting with family and friends. You will also learn about securing your privacy with everyday use.

Week 1 Facebook: You will learn how to connect with family and friends and other people you know... sharing pictures, sending messages and getting updates.
Week 2 Twitter is a microblogging site that you use to send and receive messages from friend and family... every day exchanges, breaking news (sports and politics...) Let’s tweet back.
Week 3 Instagram is a social media network that helps users find information regarding social living and shared pictures and videos.
Week 4 Snapchat is a messaging platform that lets you communicate with friends and family- on your mobile app iPhone or android smartphone. Users can send pictures or short videos, up to ten seconds long. Review all materials. Q&A.

MONDAY MORNING QUARTERBACK (SPORTS ONLY)
With Mr. Arthur Young
Wednesdays, 12:00 – 12:55 p.m.
Free for OLLI Members

Course description: Discuss current events in the world of sports. Discussion will be class driven depending on participants’ interests and news. Particular interest will be on the local teams.

TAI CHI
With Mr. Tony Garcia
Mondays and Wednesdays, 12:30 – 1:30 p.m.
$70

Course description: Tai Chi is a gentle and graceful movement class designed to improve balance, increase muscle strength and range flexibility. It also helps decrease pain in arthritic conditions and helps with coordination and focus. Mr. Garcia has been teaching Tai Chi for over 20 years at various locations throughout Miami and Broward.

Week 1 Theory, Warm Up, Cool Down and first two movements
Week 2 Theory and Movements 3-4
Week 3 Theory and Movements 5-6
Week 4 Theory and Movements 7-8

THE SHAKERS AND THE AMISH
With Mr. Eric Selby [Via Skype]
Wednesdays, 1:00 – 2:45 p.m.
$50

Course description: This country has a long history of toleration toward religious groups that wish to live in their own unique groupings including The Shakers (essentially now extinct although some of their communities are now museums) and the Amish (thriveing and growing rather rapidly). We will be discussing each of these groups with these two books as our guides: The Shaker Experience in America by Stephen J. Stein and Growing Up Amish: a Memoir by Ira Wagler. We will spend two sessions on each.

INTERNATIONAL ACTION
With Mr. Alan Dietz
Wednesdays, 1:00 – 2:45 p.m.
$25

Course description: "International Action" is a discussion group dealing with explaining up-to-the-minute international affairs, politics, and intrigue in the major action centers of the world, with emphasis on Europe, China, India, Russia, Japan, Latin America, and of course the smoldering Middle East. Alan Dietz an OLLI member and guests will lead the discussion, and the door will be open for class participants to pour their own insights onto the fire if they choose.
WEDNESDAYS (Cont.)

**YOGA FOR HEALTH**
With Ms. Nina Ramos

Wednesdays, 3:00 – 4:00 p.m.

$35

Course description: This course's emphasis is on the postural foundation and alignment of the body. This is a perfect class for the novice and anyone who would like a beginning approach to yoga.

NOTE: The student needs to be able to do yoga on a yoga mat and be able to get up and down off of the floor.

**INTUITIVE EATING: HOW TO MAKE FRIENDS WITH YOUR BODY**
With Dr. Beth Wheeling

Wednesdays, 3:00 – 4:45 p.m.

$50

Course description: Are you tired of dieting yet terrified of eating what you really want? This course will help participants to understand the psychological traps created by dieting. The ultimate goal is to develop a healthy relationship with food. Awareness of the body's signals, including hunger and satiety, will be explored in a supportive environment that will foster self-esteem.

THURSDAYS - CLASSES START 06/20/19

**WATERCOLOR PAINTING, BEGINNERS**
With Mr. Jim Brennan

Thursdays, 10:00 – 11:45 a.m.

$80

Course description: If you've never painted before or have been painting for less than a year, this is a great class to learn or review the foundations of watercolor. This class introduces and includes the fundamentals of what constitutes color and how it is combined and used. You will begin with "color theory," mixing, brush techniques, the color wheel, and color charts. This instructor's enthusiasm for art and dramatic style, as a watercolorist, provides stimulation and adventure for the beginning artist. You will be given time in class to work on your projects, where you will receive assistance and critiques. This class is limited to the first 10 registrants. You will be painting in the first class, so bring all your supplies. Note: This class is geared for those who are new to the medium, as well as artists of different levels, who have not painted for a while.

PLEASE BRING ALL SUPPLIES TO THE FIRST AND ALL CLASSES. If you need assistance, email me, Jim Brennan, at captnjim@comcast.net or call 305-338-3557.

**HISTORIC ARCHITECTURE- DIGITAL PHOTOGRAPHY**
With Mr. Karl Kostowski

Thursdays, 10:00 am – 1:00 p.m.

$60

Course description: Explore two of South Florida's most historic and significant architectural statements: The Biltmore complex, interior and exterior and Vizcaya with its magnificent gardens. Week 1: Course instruction: Power-point presentation with photographic examples on how to capture significant landmarks, along with tips for great shots, visual dynamics and the reciprocity in Photography. Week 2: Photo shoot: The Biltmore Hotel, a National Historic Landmark, 1200 Anastasia Ave., Coral Gables, FL [Meet in the Main Hotel Lobby – where the bird cages are located]. FREE Parking, facing the Hotel, to the right. Week 3: Photo shoot: Vizcaya Museum and Gardens, a National Historic Landmark, 3251 South Miami Ave., Miami, FL [Meet at the Front Entrance Gate]. Week 4: OLLI-UM Computer Room- Review, critique and enhancement suggestions via Adobe Photoshop.

RECOMMENDED: A digital camera with a wide angle zoom lens. Smart phone is optional.
THURSDAYS (Cont.)

A SCIENTIFIC MISCELLANY
With Mr. Richard Dawson

*Thursdays, 1:00 p.m. – 2:45 p.m.*

$50

Course description: The subject matter for this course is from the instructor's repertoire of 3rd person lectures (no costumes) - several were created for the Miami Museum of Science. They are eclectic selections geared for students who love and pursue knowledge for the sake of being introduced to unfamiliar subjects. You will have fun while being entertained and enlightened.

- **Week 1** “This strange world” Exotic creatures that share our world.
- **Week 2** “Aha Science” Where magic and science blend.
- **Week 3** “Makomania” The word of the creature Man fears the most.
- **Week 4** “The Unexplained” Phenomena that science can’t explain.

THE GREAT DEPRESSION: LIFE IN THE 1930S
With Dr. Michael Scheibach

*Thursdays, 1:00 p.m. – 2:45 p.m.*

$50

Course description: This course will focus on life in America during the Depression years of the 1930s, with emphasis on the politics, economy, people and arts.

- **Week 1** The Politics: Examine the onset of the Great Depression under President Herbert Hoover, and the actions of President Franklin D. Roosevelt to end the Depression after taking office in 1933. We compare the politics of the U.S. with the political trends around the world.
- **Week 2** The Economy: The Depression began with "The Crash" of the stock market in 1929, but worsened as the 1930s unfolded. We examine how the U.S. economy changed under the Roosevelt administration, leading up to the beginning of World War II.
- **Week 3** The People: Understanding the impact of the Great Depression requires understanding how it affected ordinary men, women and children. We take a personal approach to the 1930s, and examine how the Depression affected millions of Americans.
- **Week 4** The Arts: As the world darkened during the Great Depression, Hollywood flourished with scores of movies—from crime dramas to musicals to everything in between. Literature and art also flourished during this decade. We look at the entertaining and enlightening side of the 1930s.

MIXED MEDIA FOR IMAGINATIVE MINDS
With Mr. Jim Brennan

*Thursdays, 1:00 – 2:45 p.m.*

$80

Course description: This class is open to all levels of would be artists, painters and individuals who just want to create something different, unusual that they like. The medium does not matter. Mixed Media offers each and every one of us the ability to discover something new, fun and enjoyable. It is a medium without stress and anxiety. This is your opportunity to let go with colors, crayon colors, gels, liquid paints, cardboard, tiles, buttons, zippers, dried weeds, flowers, pictures cut from a magazine, anything goes. There is no right or wrong way to create. No rules to follow. Follow whatever your mind imagines. Your instructor will be your guide, offering suggestions and encouragement. To provide a relaxing environment, music will be the backdrop to a memorable and enjoyable experience.

NOTE: Since Mixed Media is so varied, it is not practical to create an all-encompassing materials list. As a result, a number of items will be available at the first class. They include cardboard squares, buttons, ribbons, zippers, shells, ice-cream sticks, pages from magazines of all sorts.

This class is limited to the first 8 registrants.

Your instructor will offer advice on any of the foregoing and you are welcome to contact him at email: captnjim@comcast.net

INTRODUCTION TO SMARTPHONES... ANDROID DEVICE
With Ms. Joan Nurse

*Thursdays, 1:00 – 2:45 p.m.*

$70

Course description: In this course, you will be learning to use the Android Phone; the navigation keys; syncing email and social networking; creating and managing your contacts; using your camera; call logs and messaging; saving the battery life and ringtones.

- **Week 1** Getting to know your device: Finding the Android buttons... setting up a google account.
- **Week 2** Navigating to a Web page... taking a picture. Importing your contacts from another phone or device. Setting up your email account.
- **Week 3** Finding a specific App... add or remove apps. Phone calls, text messaging.
- **Week 4** Accessing your device settings... notifications, lock screen for safety and privacy. Wireless & Networks (where you can manage your connections and devices); Basic Security tips; Review all material learned... Q&A.

CHAIR YOGA
With Ms. Nina Ramos

*Thursdays, 3:00 – 4:00 p.m.*

$25

Course description: Also known as seated yoga, Chair Yoga is ideal for the desk-bound, travelers, golfers, and those in rehabilitation or physically challenged. Chair Yoga will introduce you to a series of the most effective yoga stretches, all done from the comfort of your chair. You do not need to stand up to reap the benefits of yoga. Your body and your mind will thank you for learning about and practicing chair yoga! With seated yoga, “the numerous benefits include increased strength and flexibility, improved circulation, and experience with breathing and relaxation techniques”, as noted by Dr. Andrew Weil, today's guru of healthy aging. NOTE: This unique program is offered in 1-hour segments of seated stretching and deep breathing to help maintain or build strength and flexibility while relieving the stress and tension associated with sitting for too long.
CURRENT EVENTS CLUB
With OLLI member, Mr. Haim Karp
Fridays, 12:00 – 12:55 p.m.
Free for OLLI members

Course description: Would you like to discuss current events within a smaller group? Do you share the same passions as other OLLI members on certain national or global topics? Participants in this club should prepare for meetings by brushing up on current topics in the news frequently, bringing not only opinions to the table, but verified facts as well. This group is led by OLLI member Mr. Haim Karp.

ARABIC LANGUAGE, A2
With Dr. Daniel Rivera
Fridays, 1:00 – 2:45 p.m.
$50

Course description: This course is a continuation of Arabic A1. A continuation of the Arabic language and culture. You will continue to learn Arabic letters and sounds and basic vocabulary and expressions.


- Week 1: Review sound and letters; Review greeting and farewell formal and colloquial; Review numbers 1-10; Writing Arabic.
- Week 2: Practice basic conversation and nominal structures: “Nisba” endings, Exercises, Writing.
- Week 3: Practice basic conversation and nominal structures: Days of the week; Exercises, Writing.
- Week 4: Introduction to the verb in Arabic (present tense), Possessive and basic “Idaafa,” What time is it? Exercises. Review lessons learnt; Preparation of a short dialog or skit.

ARABIC LANGUAGE, B2
With Dr. Daniel Rivera
Fridays, 3:00 – 4:45 p.m.
$50

Course description: This course is the continuation of Arabic B1. This level is designed for those students who have studied Arabic B1 and feel comfortable with Arabic letters and sounds and basic vocabulary. You will continue learning new aspects of the Arabic language.

- Week 1: Review sounds and letters; Review verbs present tense, Nisba endings and Idaafa; Exercises.
- Week 2: Practice basic conversations with nominal and verbal structures; Numbers agreement; Exercises, Writing Arabic.
- Week 3: Practice basic conversations with nominal structures; Introduction to the past tense; Exercises; Writing Arabic.
- Week 4: Practice basic conversations in past tense; New vocabulary and expressions; Irregular Arabic roots; Exercises. Review lessons learned; Preparation of a short dialog or skit.


*NOTE: This book will be used for Arabic Levels, B1, B2, C1 and C2.

For a complete list of instructors’ biographies, please visit the Osher website at www.continue.miami.edu/osher
OLLI AT UNIVERSITY OF MIAMI  
REGISTRATION REQUEST FORM

Each Student completes a separate form  PLEASE PRINT CLEARLY  Today’s Date ____________

Are you an OLLI member?  Yes  ☐ No  ☐ Cane ID #

First Name  Last Name  Date of Birth (only new members)

Billing address  City, State, Zip

Phone  Email

Emergency Contact Name & Phone Number

Volunteers Needed
I want to learn about volunteering OLLI@UM; please contact me. Check the box  ☐

Annual Membership Fee  August 1st to July 31st  $40  ☐

List Course Names  Session 1  Tuition  List Course Names  Session 2  Tuition


Total $ __________

Processed by __________________________ Comments __________________________

Make a difference! Your monetary contribution to OLLI will enhance the lifelong learning experience for OLLI members today and into the future.
To donate online, and to see other ways of giving, visit www.miami.edu/ollil

CANCELLATION POLICY
ALL CANCELLATIONS MUST BE SUBMITTED IN WRITING

Membership fees are non-refundable. Fees cannot be transferred or prorated.

Cancellation requests received more than 8 days prior to class start date…… 100% Refund
Cancellation requests received between 4 days and 7 days of class start date… 75% Refund
Cancellation requests received on or after class start date………………………… No Refund

Drop/Add Deadline for SESSION classes: 7 days after session start date

MEMBER DIRECTORY OPT-IN

I give my permission for my contact information to appear in an OLLI@UM Member Directory to be shared with OLLI@UM members.

Yes  ______ I give permission for my name, address, phone, and email to appear in an OLLI@UM Member Directory to be shared with OLLI@UM members.

No  ______ I do not want to be included in an OLLI@UM Member Directory.

REGISTRATION INFORMATION: check online or in OLLI office for dates

1. Most secure way to register—Online Registration: you can register online at www.miami.edu/ollil. Online Registration is open 24 hrs a day.

2. Request to register: Drop off your Request Form in person at the OLLI office. We will call you for payment information as we process your registration form (in order). We are open to accept registration forms daily 9am—5pm.

3. Phone registration will be available from 9:30am to 5:00pm. Call us at 305-284-6554 to register.
   - Any class that does not meet enrollment minimums may be canceled.
   - You may register late for any class based on availability.
   - When classes fill to room capacity, they will be closed for further registrations.

   - The University reserves the right to cancel or reschedule any program with insufficient enrollment or for reasons beyond our control. In any such cases, a full refund of fees and deposits will be made. Before a refund can be issued, verification of your payment, confirmation of the pertaining records and administrative review and approval must be completed. While we will expedite your refund request, please allow a minimum of 45 days for processing.
For more information:

**OSHER LIFELONG LEARNING INSTITUTE**

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LAU Founders Hall  
Coral Gables, FL 33146  

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[continue.miami.edu/oshers](continue.miami.edu/oshers)

A special thanks to the OLLI Art class members whose fine works of art were chosen to be displayed in this Catalog.